

# BACK OFF STAGE 1

**A HALF-DAY SEMINAR LOOKING INTO ALL THE RELEVANT ASPECTS BEHIND  
SEXUAL CRIME COMMITTED BY A PERSON KNOWN TO THE TARGET USUALLY  
WITHIN A SOCIAL SETTING**

Major Australian studies show that as many as 1 in 4 young women between the age of 15-21 years will experience some form of sexual crime.

In over 90% of sexual assault complaints made by young women in senior secondary school the offender is known to them.

Without doubt this is the most important area of sexual crime for young women from year 9 to be aware of.

**Course content includes:**

- A full discussion around the legal definition of sexual assault, indecent assault (unlawful sexual touching)
- Consent – covering the three pillars of consent law:
  - Age of consent
  - Permission given freely
  - The effects of drugs/alcohol on consent
- Proven and effective strategies to deal with this form of sexual confrontation.

All key aspects of the seminar are presented through real life stories involving young woman around the age of those in attendance.

Open discussion is encouraged throughout the presentation.

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# BACK OFF STAGE 2

## **A HALF-DAY SEMINAR LOOKING INTO ALL ASPECTS OF SEXUAL CRIMES COMMITTED BY STRANGERS.**

A rare and factual insight into this form of sexual crime where those in attendance are taken inside the mind of a typical offender to examine their selection process, mindset, strengths, weaknesses and fears.

### **Understanding the 3 key elements of effective self-protection:**

- Developing the ability to control the way you think in a pressure situation
- Understanding how the offender thinks in the situation
- The importance of always having a strategy

### **Course content includes:**

- An in-depth study of the psychology behind this type of crime and how to effectively use this knowledge against the offender
- Real life stories and profiles of actual offenders are used throughout the presentation to provide young women with invaluable insights into the most effective strategies to employ
- Students are taught simple, proven and effective physical strikes which can be used if physical self-defence is chosen as a strategy

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